

welcome to ara

Experience balance, harmony and relaxation with our rejuvenating massage, skin care and body treatments. ara Spa also offers steam and sauna rooms, Swiss showers, and hydro-pools to stimulate circulation and provide relief from muscle tension.

signature services

massage

rocky mountain ritual 105 mins 390
Our signature treatment blends soothing and deep-tissue massage techniques, including a detoxifying massage oil, and half-body hot stones. This treatment wraps up with half-body heat, an uplifting facial massage, warm oil scalp massage, and a sugar foot scrub.

ara evergreen escape 80 mins 300
A Tingsha Bell and Palo Santo introduction will guide you into a collective full-body massage. This treatment incorporates our evergreen infused massage oil, with a rejuvenating foot scrub and uplifting facial massage.

revitalizing mountain massage 50 mins / 80 mins 190 | 300
This revitalizing treatment uses light to medium pressure, elevating mood and soothing the mind and body. Hot towels are used for complete comfort and relaxation.

mommy’s massage 50 mins / 80 mins 190 | 300
This nurturing massage relieves tension, alleviates swelling, and promotes circulation. Specialized techniques are incorporated to keep you comfortable and promote restful sleep and the reduction of stress hormones.
This is a pampering experience for women who are in their second and third trimester.

couples massage 50 mins / 80 mins 380 | 600
Offered in our exclusive and private couple’s room for the ultimate shared experience of relaxation and renewal of the body.

25-minute focus massage 25 mins 120
Quickly rejuvenate with our 25-minute area focused massage. This treatment will help eliminate tension and reduce fatigue leaving you feeling refreshed and ready to continue your day.

body scrub

high altitude scrub and soak 80 mins 320
Our sugar scrub exfoliates the body and improves circulation, while encouraging detoxification to leave the skin pristine and silky smooth.

escape to Fiji scrub and soak 80 mins 320
Vacation all year round with this full-body exfoliation using our crushed scrub.

massage enhancements*

**Add-ons do not add extra treatment time and are only available with a 50 or 80-minute massage.*

| | | | |
|--------------------|----|------------------------|----|
| deep tissue | 20 | warm oil scalp massage | 30 |
| mini scrub | 30 | body brushing | 30 |
| 5 minute face lift | 30 | half-body hot stones | 35 |
| neck and décolleté | 30 | full-body hot stones | 65 |
| shea butter | 30 | | |

Every service is paired with our complimentary Tara aroma bowl.

| | |
|------------------------------|-----------------------------|
| Balance: Realign & Harmonize | Love: Nurture & Nourish |
| Calm: Unwind & Release | Recover: Ease & Relieve |
| Detox: Cleanse & Purify | Renew: Refresh & Revitalize |
| Immune: Fortify & Defend | Rest: Relax & Retreat |

facial

elevation facial 80 mins 335
This supercharged anti-aging; facial revitalizes your skin. A combination of steam and an oil blend full of antioxidants and vitamins will nourish and hydrate your skin.

cashmere luxury facial 50 mins / 80 mins 190 | 300
A customizable facial tailored to address the specific needs of your skin type. Luxury products cleanse pores, exfoliate, treat, and moisturize the skin. 80 min includes extractions.

microdermabrasion 50 mins / 80 mins 270 | 390
This treatment improves the appearance and texture of fine lines, acne, scarring, hyperpigmentation, sun damage, and more. Using diamond tip suction to gently exfoliate your skin to visibly leave your skin feeling smooth and soft.

dermaplaning 50 mins / 80 mins 270 | 390
This customized facial includes a non-invasive, physical exfoliation that removes dead skin cells and fine vellus hair using a sterile blade. Removing these cells and hair allows for increased product penetration and can help minimize uneven skin tone and texture.

25-minute focus facial 25 mins 120
This relaxing mini facial includes a cleanser mask and moisturizer—perfect for in-between skin treatments.

facial enhancements*

**add-ons do not add extra treatment time and are only available with a 50 or 80-minute facial.*

| | | | |
|--|----|--|----|
| hot stone facial massage | 30 | neck and décolleté (anti-aging, collagen-infused treatment) | 30 |
| high frequency (discoloration and acne) | 30 | chemical exfoliation | 30 |
| eye treatment | 30 | mini scrub for hands | 30 |
| lip treatment | 30 | nuface | 30 |

nail services

mountain classic manicure 50 mins 120
A nourishing and hydrating service for hands, including an exfoliating sugar scrub to revitalize the skin.

mountain classic pedicure 50 mins 120
Relax and rejuvenate with the perfect remedy focused on all your essential needs. This service includes a soothing coconut milk bath, exfoliating sugar scrub, and nourishing lotion.

elevation signature manicure 80 mins 150
Our most luxurious manicure provides you with perfect hand and nail treatment. Accompanied by an exfoliating Pure Fiji sugar scrub and a soothing cool mint mask. Finished with a relaxing massage of the hands and forearms, with paraffin wax for deep conditioning and shea butter to seal in moisture.

elevation signature pedicure 50 mins 170
Let our professionals spoil your legs, feet, and toes with an exfoliating jelly soak and scrub. Continue with a warming mint mask followed by a moisturizing shea butter. Conclude your service with eucalyptus heated towels, leaving you feeling revitalized.

nail enhancements

| | | | |
|--------------------------|----|--------------------------|----|
| gel polish | 45 | acrylic fill | 60 |
| gel polish removal | 25 | polish change hands/feet | 55 |
| dip/acrylic (hands only) | 70 | specialty nail shaping | 20 |

salon

hair services

Let our professional stylists nourish and transform your hair. All cuts and colors include personal consultation, shampoo, blow dry, and style.
**any additional charges will be decided during consultation for long hair and color selection/correction.*

ladies’ luxury shampoo cut and style 120 mins 145
littles luxury cut 10 years and under 30 mins 65

color

full color* 120 mins 190
root touch color* 30 mins 150
partial highlight* 120 mins 160
full highlight* 160 mins 220
gloss, glaze or tone* 120 mins 160
bleach retouch color* 120 mins 260
face framing/accent color* 90 mins 180

style

blowout 80
up do 90
bridal formal styling 120

gentleman’s corner

Our gentlemen’s corner offers a head and shoulder massage, while you take pleasure in your choice of a fine whiskey or scotch with every service.

men’s luxury shampoo, cut, and style 95
executive shave 75
head shave 80
hair color 120
beard color 65
mustache and goatee outline 55
neck shave 35

waxing & tinting

Our luxury hair removal treatments include a soothing milk and honey treatment following your wax.

| | | | |
|----------------------------|----|----------------------------|------|
| brow | 30 | bikini | 70 |
| lip & chin | 30 | brazilian (starting price) | 100+ |
| full face (includes brows) | 60 | back | 60 |
| half arm or leg | 40 | brow tinting | 40 |
| full arm or leg | 80 | eyelash tinting | 40 |
| underarm | 30 | | |

day pass \$110

Just want to relax in the spa? We offer a day pass that lets you enjoy the amenities of the spa for up to 3 consecutive hours.

Available to all spa guests, our gender-specific locker rooms offer robes, spa sandals, Swiss showers, jacuzzi, dry sauna, steam room, coed relaxation lounge and fitness center.

Weekend restrictions may apply - call for availability. 3 hour limit per day pass. No readmittance will be allowed.